

בָּרוּךְ אַתָּה ה' אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתָיו וְצִוָּנוּ עַל סְפִירַת הָעֹמֶר

Baruk Atah Adonai Eloheinu Melek HaOlam
Asher Kidshanu B'mitzvotav V'tzivanu al Sefirat HaOmer

Blessed Are You, Lord Our God, King of the Universe,
Who has set us apart by Your commandments and has
commanded us to count the Omer.

Day 50

Today is the 50th day ,
I have counted the Omer.

Scriptures for Meditation

Matthew 10:50

For whoever does the will of my Father
in heaven is my brother and sister and mother.

Ecclesiastes 12:14

For God will bring every deed into judgment,
with every secret thing, whether good or evil.

Proverbs 3:5-6

Trust in the Lord with all your heart,
and do not lean on your own understanding.
In all your ways acknowledge him, and he
will make straight your paths.

James 4:17

So whoever knows the right thing to do and
fails to do it, for him it is sin.