

בָּרוּךְ אַתָּה ה' אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתָיו וְצִוָּנוּ עַל סְפִירַת הָעֹמֶר

Baruk Atah Adonai Eloheinu Melek HaOlam  
Asher Kidshanu B'mitzvotav V'tzivanu al Sefirat HaOmer

Blessed Are You, Lord Our God, King of the Universe,  
Who has set us apart by Your commandments and has  
commanded us to count the Omer.

### **Day 34**

Today is the 6<sup>th</sup> day of the 5<sup>th</sup> week and Day 34,  
I have counted the Omer.

### **Scriptures for Meditation**

#### **Matthew 9:12-13**

But when he heard it, he said, those who are well have  
no need of a physician, but those who are sick.

Go and learn what this means: desire mercy, and not  
sacrifice. For I came not to call the righteous, but sinners.

#### **Jeremiah 33:6**

Behold, I will bring to it health and healing,  
and I will heal them and reveal  
to them abundance of prosperity and security.

#### **Psalm 147:3**

He heals the brokenhearted  
and binds up their wounds.