

בָּרוּךְ אַתָּה ה' אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתָיו וְצִוֵּנוּ עַל סְפִירַת הָעֹמֶר

Baruk Atah Adonai Eloheinu Melek HaOlam
Asher Kidshanu B'mitzvotav V'tzivanu al Sefirat HaOmer

Blessed Are You, Lord Our God, King of the Universe,
Who has set us apart by Your commandments and has
commanded us to count the Omer.

Day 10

Today is the 3rd day of the 2nd week and Day 10,
I have counted the Omer.

Scriptures for Meditation

Matthew 5:7

Blessed are the merciful, for they shall receive mercy.

Micah 6:8

He has told you, O man, what is good; and what does
the Lord require of you but to do justice, and to love
kindness, and to walk humbly with your God?

Joel 2:13

And rend your hearts and not your garments. Return
to the Lord your God, for he is gracious and merciful,
slow to anger, and abounding in steadfast love;
and he relents over disaster.