

בָּרוּךְ אַתָּה ה' אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתָיו וְצִוָּנוּ עַל סְפִירַת הָעֹמֶר

Baruk Atah Adonai Eloheinu Melek HaOlam
Asher Kidshanu B'mitzvotav V'tzivanu al Sefirat HaOmer

Blessed Are You, Lord Our God, King of the Universe,
Who has set us apart by Your commandments and has
commanded us to count the Omer.

Day 48

Today is the 6th day of the 7th week and Day 48,
I have counted the Omer.

Scriptures for Meditation

Matthew 12:25 & 30

25 Knowing their thoughts, he said to them,
“Every kingdom divided against itself is laid waste,
and no city or house divided against itself will stand.

30 Whoever is not with me is against me,
and whoever does not gather with me scatters.

Psalm 133:1 & 3

1 Behold, how good and pleasant it is
when brothers dwell in unity!

3 It is like the dew of Hermon,
which falls on the mountains of Zion!

For there the Lord has commanded the blessing,
life forevermore.