

בָּרוּךְ אַתָּה ה' אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתָיו וְצִוָּנוּ עַל סְפִירַת הָעֹמֶר

Baruk Atah Adonai Eloheinu Melek HaOlam
Asher Kidshanu B'mitzvotav V'tzivanu al Sefirat HaOmer

Blessed Are You, Lord Our God, King of the Universe,
Who has set us apart by Your commandments and has
commanded us to count the Omer.

Day 16

Today is the 2nd day of the 3rd week and Day 16,
I have counted the Omer.

Scriptures for Meditation

Matthew 5:19

Therefore whoever relaxes one of the least of these
commandments and teaches others to do the same will be
called least in the kingdom of heaven, but whoever does them
and teaches them will be called great in the kingdom of heaven.

Deuteronomy 10:12-13

And now, Israel, what does the Lord your God require of you,
but to fear the Lord your God, to walk in all his ways, to love
him, to serve the Lord your God with all your heart and with all
your soul, and to keep the commandments and statutes of the
Lord, which I am commanding you today for your good?

John 14:15

If you love me, you will keep my commandments.

1 John 5:3

For this is the love of God, that we keep his commandments.
And his commandments are not burdensome.