

בָּרוּךְ אַתָּה ה' אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתָיו וְצִוֵּנוּ עַל סְפִירַת הָעֹמֶר

Baruk Atah Adonai Eloheinu Melek HaOlam
Asher Kidshanu B'mitzvotav V'tzivanu al Sefirat HaOmer

Blessed Are You, Lord Our God, King of the Universe,
Who has set us apart by Your commandments and has
commanded us to count the Omer.

Day 12

Today is the 5th day of the 2nd week and Day 12,
I have counted the Omer.

Scriptures for Meditation

Matthew 5:9

Blessed are the peacemakers,
for they shall be called sons of God.

Proverbs 16:7

When one's ways are pleasing to ADONAI,
he makes even his enemies be at peace with him.

Psalms 34:15

Depart from evil and do good.
Seek shalom and pursue it.

Romans 12:18

If possible, so far as it depends on you,
live in shalom with all people.