

בָּרוּךְ אַתָּה ה' אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתָיו וְצִוָּנוּ עַל סְפִירַת הָעֹמֶר

Baruk Atah Adonai Eloheinu Melek HaOlam  
Asher Kidshanu B'mitzvotav V'tzivanu al Sefirat HaOmer

Blessed Are You, Lord Our God, King of the Universe,  
Who has set us apart by Your commandments and has  
commanded us to count the Omer.

### **Day 32**

Today is the 4<sup>th</sup> day of the 5<sup>th</sup> week and Day 32,  
I have counted the Omer.

### **Scriptures for Meditation**

#### **Matthew 7:15-16**

Beware of false prophets, who come to you in  
sheep's clothing but inwardly are ravenous wolves.  
You will recognize them by their fruits. Are grapes  
gathered from thornbushes, or figs from thistles?

#### **Deuteronomy 18:20**

But the prophet who presumes to speak a word in my  
name that I have not commanded him to speak, or who  
speaks in the name of other gods, that same prophet shall die.

#### **2 Timothy 4:3**

For the time is coming when people will not endure  
sound teaching, but having itching ears they will  
accumulate for themselves teachers to suit their own passions.