

בָּרוּךְ אַתָּה ה' אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתָיו וְצִוָּנוּ עַל סְפִירַת הָעֹמֶר

Baruk Atah Adonai Eloheinu Melek HaOlam
Asher Kidshanu B'mitzvotav V'tzivanu al Sefirat HaOmer

Blessed Are You, Lord Our God, King of the Universe,
Who has set us apart by Your commandments and has
commanded us to count the Omer.

Day 27

Today is the 6th day of the 4th week and Day 27,
I have counted the Omer.

Scriptures for Meditation

Matthew 6:25

Therefore I tell you, do not be anxious about
your life, what you will eat or what you will drink,
nor about your body, what you will put on.
Is not life more than food, and the body more than clothing?

Proverbs 3:5-6

Trust in the Lord with all your heart, and do not lean
on your own understanding. In all your ways
acknowledge him, and he will make straight your paths.

Psalms 55:23

But you, O God, will cast them down into the pit
of destruction; men of blood and treachery shall not
live out half their days. But I will trust in you.